

#### CHANGE YOUR MIND, CHANGE YOUR LIFE | WEEK 4

# **Monday**

What is something present in your life today that you are trying to control (maybe a little more than you'd like).

NOTES			



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# **Tuesday**

Answer the following question in your manifestation journal: "What would life be like if I released control and allowed my Higher Power into the driver's seat?"

NOTES		



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### Wednesday

In big CAPITAL letters write down your Surrender Statement.

NOTES			



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# **Thursday**

**Bonus Manifestation Tidbit** where I share a powerful meditation technique to help you surrender.

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